## OUR *Programs*

Through public education programs, the Giant's Rib Discovery Centre pursues more and more ways of increasing support, awareness, knowledge and devotion to the Niagara Escarpment World Biosphere Reserve.

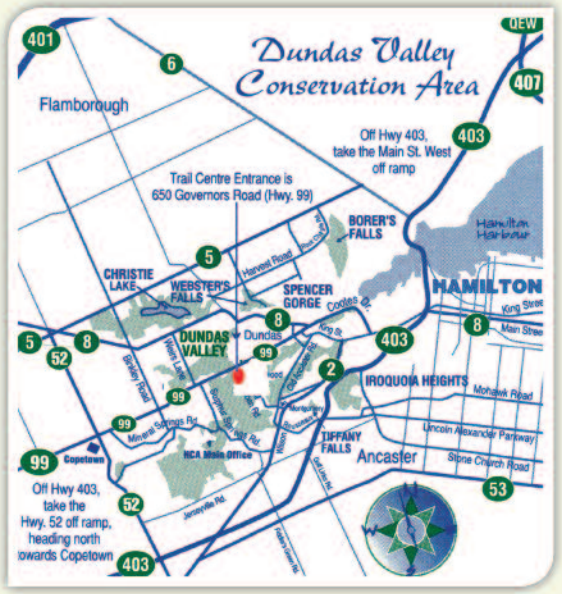
### *Our Programs Include:*

- The Bruce Duncan Memorial Lecture Series; noted speakers discuss topics relevant to the Niagara Escarpment
- Monthly Arts and Photography Series; Escarpment related works from local artists are featured at the Centre on weekends
- Grade 4 Curriculum-based Rocks and Minerals Unit offered free of charge to Ontario teachers
- Guided hikes relating to specific lecture topics
- Guided interpretive hikes
- Fossil crafts for kids in the Centre
- Fossils on display
- Static and Interactive displays
- Niagara Escarpment library
- Distribution of free information
- Outreach in the community
- Website and monthly newsletter

## HOW TO GET TO *Dundas Valley*

On weekends visit the Giant's Rib Discovery Centre in the Dundas Valley Conservation Area's Trail Centre located at 650 Governor's Road, Dundas, Ontario.

Open Saturdays and Sundays 10 a.m. to 3 p.m.
Parking fee applies. Parking fees go towards trails and conservation efforts in the Dundas Valley.



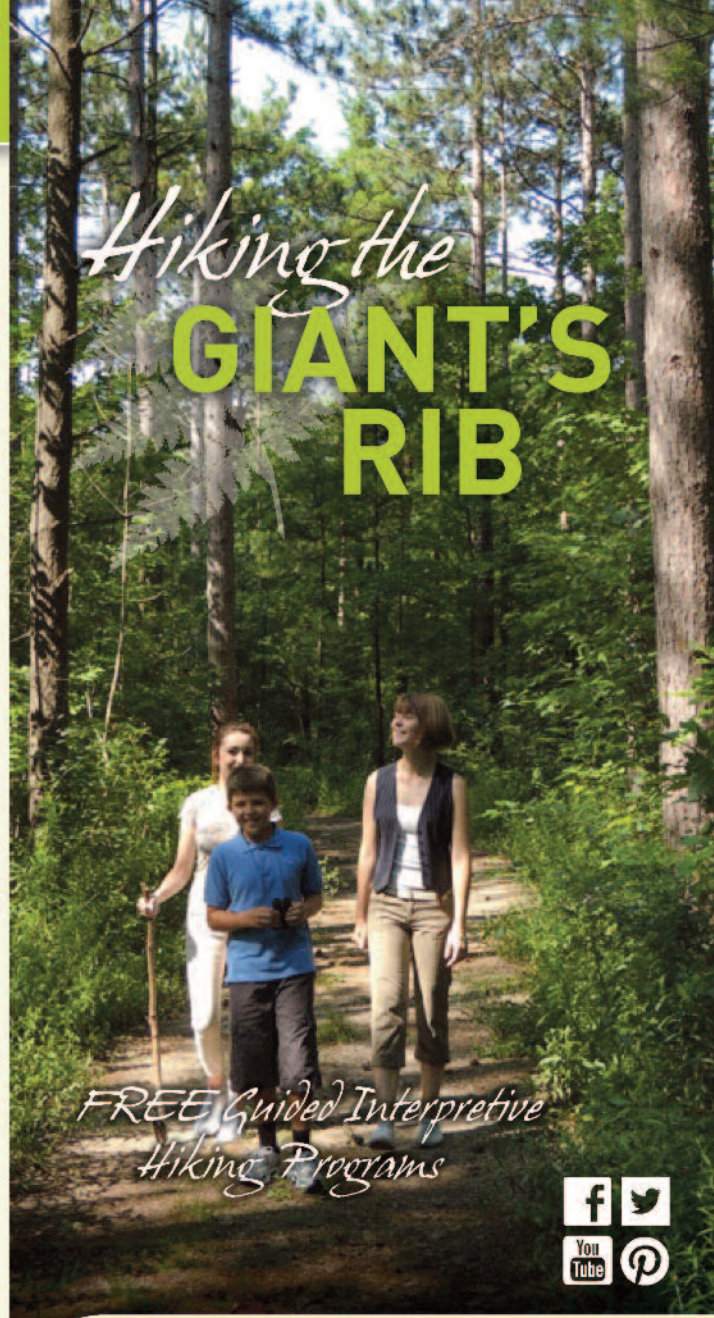

**www.giantsrib.ca • info@giantsrib.ca**


Our mailing address is
Giant's Rib Discovery Centre, PO Box 1469
Waterdown, Ontario. L0R 2H0



GENEROUS SUPPORT FOR OUR EFFORTS HAS COME FROM:

Hamilton · Ontario's Niagara Escarpment · Allegra FootPRINT Fund · TD Friends of the Environment Foundation

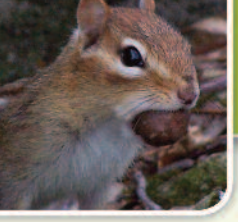



# *Hiking the* GIANT'S RIB

*FREE Guided Interpretive Hiking Programs*

Giant's Rib DISCOVERY Centre

www.giantsrib.ca



## HIKING THE *Dundas Valley*

Join us Saturday mornings at 11 a.m. for a guided hike of the Main Loop Trail in the Dundas Valley Conservation Area: 1200 hectares of urban wilderness. Our interpretive hike leaders will show you all the hot spots, including the Hermitage, Sulphur Springs and the Gatehouse Museum. And, of course, they'll also help you discover the natural wonders of the Niagara Escarpment World Biosphere Reserve (a.k.a the Giant's Rib).

Dundas Valley hikes run Saturdays at 11 a.m. from June through Thanksgiving, weather permitting.* Hikes are 3.4 kilometres in length lasting approximately 1.5 hours. Strollers and dogs on leash are welcome. Path is mainly packed gravel with some hilly terrain.

All of our hikes are part of Conservation Ontario's Healthy Hikes Challenge. www.healthyhikes.ca
While you are in the Valley, visit the Discovery Centre for fossil crafts and displays, Niagara Escarpment arts and photography and more!

The Centre and its programs are free. Dundas Valley parking fees not included. Parking fees go towards trail maintenance and conservation projects in the Dundas Valley.

## HIKING THE *Red Hill Valley*

New for 2014, the Giant's Rib Discovery Centre's hiking program has been expanded to include the Red Hill Valley, the largest river valley in East Hamilton/Stoney Creek. Twice per month hikes are scheduled from June through Thanksgiving, weather permitting.*

Starting at the Upper King's Forest Park parking lot, you'll meet our interpretive volunteer hike leader and enjoy views of Albion Falls and Buttermilk Falls. Travel the Bruce Trail along the valley's brow and discover some of the natural features of this part of Hamilton's World Biosphere Reserve. Discover invasive and native species, the Carolinian Forest, cultural and historical information going back to Albion Mills!

Volunteers will have GRDC name badges for identification. Hikes are free to attend and will leave the parking lot at 12:30 p.m. Hike difficulty is easy with no large hills or difficult terrain. Hikes will last 45 minutes to one hour. Strollers, pets on leash welcome.

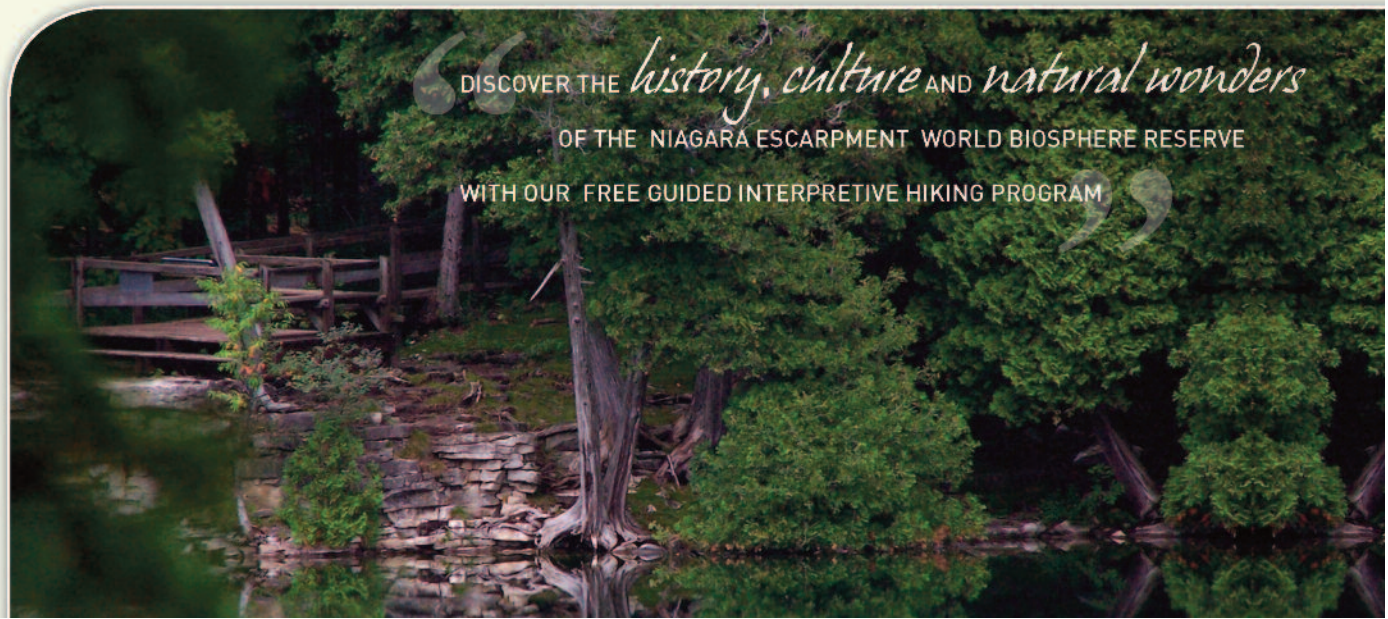
Step Into Nature Healthy Hikes

* Some exceptions apply. All of our hikes are part of Conservation Ontario's Healthy Hikes Challenge. www.healthyhikes.ca See website for complete schedule and hike details. Please check website or social media for cancellations due to weather.

## HIKING *Halton*

This exciting new addition to our free public hiking programs can be a true adventure. Our Halton hikes are not scheduled on a regular basis but are listed on our website and our social media sites. These hikes are more challenging than our Saturday or Sunday hikes and are focused primarily on Crawford Lake.

Crawford Lake is one of the Niagara Escarpment's most unique features: a meromictic lake... a deep lake which preserves its history in the layers of virtually undisturbed sediment at its bottom. The boardwalk is a great experience featuring dragonflies, frogs, snapping turtles of great age and much more.

The longer hikes will delve into the depths of Nassagaweya Canyon and through the marsh boardwalk to Rattlesnake Point and the Milton Outlier. Hiking level is moderate to difficult with some steep slopes and may last up to 4 hours in length.

Hike times, distances and locations will vary with Hikes visiting other Halton locations such as Mount Nemo, Hilton Falls, Kelso and Kerncliff Park. Hikes are free but parking fees may apply. Parking fees are used to maintain trails and support conservation projects in these areas.